



National Eating Disorder Information Centre

[www.nedic.ca](http://www.nedic.ca)

# FILING A COMPLAINT ABOUT A HEALTHCARE PROVIDER In Yukon

When seeking support for an eating disorder, you deserve to receive care that is appropriate, safe, and professional. If you have a concern about a healthcare provider with whom you have worked or are currently working, it is your right to make a complaint.

There are many different healthcare professionals from whom you may receive support during recovery. Some may be **regulated health professionals**, meaning that they are accountable to one of Yukon's regulatory bodies. While some regulated health professionals work in **hospital-based programs**, others deliver their services through community agencies or private clinics.

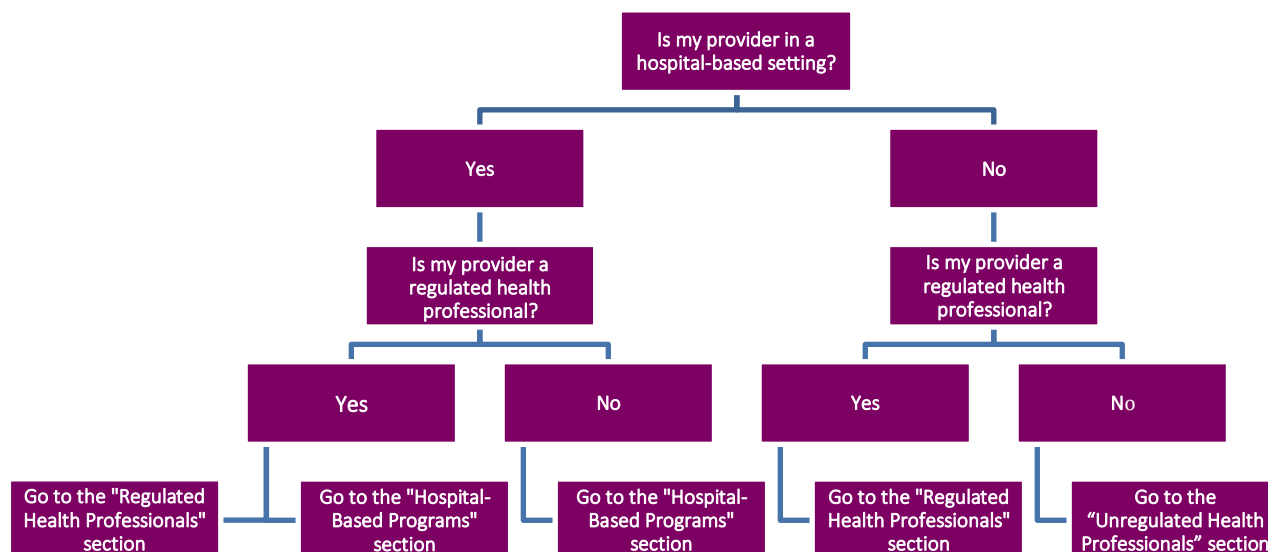
There are also individuals providing eating disorder care who are **unregulated**. For example, in Yukon, "recovery coach", "counsellor", or "nutritionist" are not regulated titles or professions, and individuals practising as such are not accountable to a specific regulatory body. Additionally, while territorial legislation to protect titles such as "dietitian", "social worker", or "psychologist" does not exist in Yukon, a healthcare provider using one of these titles should be registered with the corresponding regulatory body in a province where it is regulated. For instance, someone practising as a psychologist in Yukon may choose to register with one or more of the provincial bodies that govern psychological practice. If you are uncertain whether a Yukon healthcare provider is regulated, you may wish to ask if they are registered in another Canadian province or territory.

## Should I Make a Complaint?

Any eating disorder care provider, regardless of whether or not they are a regulated health professional, should be committed to practising ethically. An ethical care provider prioritizes clients'/patients' safety and strives to avoid causing harm. Some examples of issues that warrant concern are discriminatory attitudes and/or behaviours (e.g., racism, ableism, transphobia, etc.), boundary violations (e.g., inappropriate touch, sexual harassment, sexual assault, etc.), and exploitative fee practices.

## How Do I File a Complaint?

Because there are different steps to follow depending on whether your care provider is a regulated health professional, the chart below can help you determine which section of this guide to consult for further information and next steps.



## REGULATED HEALTH PROFESSIONALS

### Public Registers

Every health professional regulatory body is required to maintain a registry of all licensed professionals. If you are receiving services from a regulated health professional, you can use their professional designation to determine which regulatory body they belong to, and then search that regulatory body's public register for their name or licence number to review details about their registration. For example, you can learn when they first registered with that regulatory body, whether they have any Terms, Conditions, and Limitations (TCLs) on their registration (e.g., if they are required to practise under clinical supervision), and whether they have previously been directed to undergo remedial activities as the result of a disciplinary decision, etc.

Below, you can read more about the professional designations for each Yukon regulatory body\*. Click on the name of a regulatory body to find its corresponding public register:

| Regulatory Body   | Regulated Title(s)   | Other Commonly Used Titles |
|---|--|----------------------------|
| <a href="#">Government of Yukon Professional Licensing Department</a> | <ul style="list-style-type: none"> <li>- Dentist</li> <li>- Dental Surgeon</li> <li>- Dental Hygienist</li> <li>- Licensed Practical Nurse (LPN)</li> <li>- Registered Psychiatric Nurse (RPN)</li> <li>- Nurse</li> </ul> |                            |
| <a href="#">Yukon Registered Nurses Association (YRNA)</a>            | <ul style="list-style-type: none"> <li>- Registered Nurse (RN)</li> <li>- Nurse Practitioner (NP)</li> <li>- Nurse</li> </ul>  |                            |

|                                       |  |  |
|---------------------------------------|--|--|
| <a href="#">Yukon Medical Council</a> | <ul style="list-style-type: none"> <li>- Physician</li> <li>- Surgeon</li> <li>- Psychiatrist</li> </ul> | <ul style="list-style-type: none"> <li>- Doctor</li> <li>- Medical Doctor</li> </ul> |
|---------------------------------------|--|--|

\*Please note that this table includes only some of the types of providers that serve the eating disorders community and their corresponding regulatory bodies and does not constitute a complete list of all regulators in Yukon. For more information, please consult this Government of Yukon [webpage](#).

## Filing a Complaint with a Regulatory Body

In Yukon, some regulated health professionals are regulated by the government, while others are regulated by independent organisations. In both cases, it is the responsibility of each regulatory body to protect the public from unprofessional conduct and hold the registrants of its profession accountable for the care they provide. If you have concerns about a regulated health professional, you may wish to file a complaint with their corresponding regulatory body. To do so, you must submit a detailed written account of your concerns and give consent to access your clinical file for the purposes of investigation.

Upon receiving a complaint, the regulatory body initiates a formal process, adhering to all necessary steps. After reviewing the complaint, the regulatory body contacts both the complainant and the healthcare professional under investigation to discuss the details. During this process, the complainant's name and statement are shared with the professional to allow them an opportunity to respond. The regulatory body listens impartially to both sides and may conduct a formal investigation if deemed necessary. The complainant is kept informed about the complaint's progress and receives a written decision regarding its resolution. In cases involving a registered nurse or nurse practitioner in which the complainant is dissatisfied with the outcome, the complainant may follow the instructions for filing an appeal that are outlined on the [YRNA website](#). In other cases of dissatisfaction with a decision, the complainant may contact the relevant regulatory body to inquire about their options.

As there are slight differences among the regulatory bodies in the process of initiating a complaint, for the most accurate, step-by-step information, please refer to the corresponding regulatory bodies' website. You can find them linked below.

## Resource List

### Government of Yukon Professional Licensing Department

[Homepage](#)

[Public Register](#)

[Complaints](#)

### Yukon Registered Nurses Association (YRNA)

[Homepage](#)

[Public Register](#)

[Complaints](#)

## Yukon Medical Council

[Home Page](#)

[Public Register](#)

[Complaints](#)

\*Please note that this list only includes regulatory bodies operating within Yukon. If you have a concern about a provider regulated in a different province or territory, consult the corresponding regulatory body for the most accurate information on filing a complaint. For more information on regulatory bodies across Canada, consult the [Canadian Regulatory Guide](#).

## HOSPITAL-BASED PROGRAMS

In a hospital-based program, you may receive care from both regulated and unregulated providers. If you have concerns about a hospital program itself or providers within a hospital setting, start by addressing your concern(s) with the program's manager. They may be able to facilitate discussion between the involved parties and offer a resolution. If you do not reach a satisfactory outcome, you can escalate your concern with Patient Relations at the hospital. In Yukon, all hospitals have a patient relations process in place. It is a legal requirement that ensures that there is a mechanism for patients, their families, and the public to confidentially voice concerns about their experience or the care they received. This feedback helps hospitals track patient experiences and identify opportunities for quality improvement. Patient relations teams are responsible for responding to patient inquiries, addressing complaints, and working with patients and families to ensure their needs are met during their hospital stay.

Contact information for the Patient Relations department and instructions on how to make a complaint can typically be found on the hospital's website. You are not required to provide consent for Patient Relations to access your personal health information to make a complaint. If Patient Relations is unable to bring forward a resolution, or you are not satisfied with the outcome, you may wish to file a complaint with the [Office of the Yukon Ombudsman](#). However, to do so, you are required to provide consent for the Ombudsman to access your personal health information, which may include anything from your name to your medical history. The Ombudsman may share your personal information for the purpose of facilitating a resolution or investigating the complaint, however, they will never do so without your consent. Your information may be used by the Ombudsman to contact you, bring forward a satisfactory resolution or conduct an investigation if deemed necessary.

**Note:** For regulated providers working within a hospital-based setting, it is not within the scope of the Office of the Ombudsman to investigate as there is other recourse (i.e., the provider's regulatory body) for making a report or complaint. If you have concerns about an individual regulated provider within a hospital (rather than the entire program itself), it would be most prudent to be in touch with both Patient Relations at the hospital *and* the provider's regulatory body.

An example of the patient relations process at Yukon hospitals or community health centres can be found at the following link: <https://yukonhospitals.ca/en/quality-performance/feedback-concerns>

## UNREGULATED CARE PROVIDERS

The term "unregulated" does not mean poor service or low standards. However, in the absence of regulation, anyone can claim to be qualified to provide the services being offered without having to demonstrate a certain level of knowledge, skill, and competence. Without a regulatory body responsible for investigating complaints or reports about these providers, it is more difficult to have concerns about such services addressed.

If the unregulated provider you have concerns about is working within an institutional setting, (e.g., a hospital-based program or a community agency or service) your best option is likely to address the concerns with that institution. If, however, an unregulated provider is operating through a Yukon business, you may file a consumer complaint through the [Better Business Bureau](#).

**Be aware that it is illegal for a care provider to represent themselves as a regulated professional if they are not registered with the relevant college.** If a provider falsely claims to be regulated, you may in fact file a report or complaint with the corresponding regulatory body. For example, if you have concerns about a "Registered Nurse" providing you with medical monitoring but whose name does not appear on YRNA's Public Register, you could contact YRNA to discuss your concerns.

© NEDIC 2023

**nedic**

National Eating Disorder Information Centre

[www.nedic.ca](http://www.nedic.ca)

Helpline: 1-866-NEDIC-20 (toll-free) or 416-340-4156 (Toronto)

Live chat: [nedic.ca](http://nedic.ca)

E-mail: [nedic@uhn.ca](mailto:nedic@uhn.ca)